



Through the Principal

Dear Parents / Guardians

P3 SWIMSAFER PROGRAMME AND CCA EXPERIENCE PROGRAMME 2018

The school has arranged for the Swimsafer Programme and CCA Experience for all P3 pupils in Semester One of 2018. There will be 8 sessions for each programme. Each session will last for 1.5 hours. The programmes will start on Term 1 Week 3. The Swimsafer Programme will be conducted at Bukit Butok Swimming Pool in Term 1 and Clementi Swimming Complex in Term 2. The programmes will be conducted on Tuesdays from 7.45am to 9.15am.

The objectives of the Swimsafer Programme are:

- To teach pupils how to swim and be safe in water
- To teach pupils life-saving skills

The objectives of the CCA Experience are:

- To encourage pupils to have hands-on experiences at the different CCAs offered by the school
- To allow pupils to make an informed CCA selection
- To discover pupil's talent or interest

A detailed briefing for both programmes has been conducted for the P3 pupils in Term 1 Week 2. The schedule is as follows:

Classes	First 8 sessions	Next 8 sessions
3 Teamwork 3 Initiative 3 Confidence	Swimsafer Programme @ Bukit Batok Swimming Complex	CCA Experience
3 Empathy 3 Perseverance 3 Responsibility	CCA Experience	Swimsafer Programme @ Clementi Swimming Complex
Dates	16/1, 23/1 30/1, 6/2, 13/2, 20/2, 27/2, 6/3	20/3, 27/3 3/4, 10/4, 17/4, 24/4, 15/5, 22/5



Clementi Primary School

8 Clementi Avenue 3 Singapore 129903 Tel: 67797449 Fax: 67732898 Email: admin_clementi_ps@moe.edu.sg

SWMSAFER PROGRAMME

The Swimsafer Programme combines the National Survival Swimming Award and Learn-To-Swim Programme into a progressive six-stage programme:

- Stage 1: Introduction to Water Skills.
- Stage 2: Fundamental Water Skills.
- Stage 3: Personal Water Survival and Stroke Development Skills.
- Stage 4: Bronze Award - Personal Water Survival and Stroke Development Skills
- Stage 5: Silver Award - Intermediate Personal Water Survival and Stroke Refinement Skills.
- Stage 6: Gold Award – Advanced Personal Water Survival and Swimming Skills Proficiency.

The pupils will be grouped according to their swimming ability during the first lesson. At the end of the 8th lesson, there will be a proficiency test. Upon successful completion of the programme, your child/ ward will be awarded the Certificate of Proficiency. The course fees is fully sponsored by MOE and Sports Singapore. Training sessions are conducted by licensed Singapore Sports Council swimming coaches.

Your child / ward will be brought to the Swimming Complex by their respective group teachers. After each session, they will be brought back to school. The pupils can wear their swim suits under their school PE attire to school on the swimming days. They can also change into slippers in class before going to the swimming pool. Please note that swimming caps will be provided by the school. The pupils will shower at the pool before coming back to school. As our schedule is very tight, your child will only be able to take a quick rinse during shower time without shampoo or bath soap.

Things to bring for swimming:

1. Small bag
2. Swimming costume/ trunks
3. Goggles (Optional)
4. Towel
5. Plastic bag to put in the wet items
6. Slippers

Please email or write a letter to the swimming teacher-in-charge/ form teacher if your child cannot swim during the CCA days. All pupils are required to go to the swimming complex even if they are not swimming that day. If your child cannot participate in the swimming program for some reasons, we would appreciate it if you can let us know early.



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CCA EXPERIENCE

The pupils will be grouped and scheduled to experience two to three CCAs each session. Over the period of 8 weeks, pupils will have the opportunity to experience all 20 CCAs offered by our school.

Should you need further clarifications, please contact us at 67797449 (Office) or email us.

Swimming Teacher-in-charge: Mrs Tan Sau Hoi (lee_sau_hoi@moe.edu.sg)

CCA Experience: Mdm Afidah Binti Kamari (afidah_kamari@moe.edu.sg)

Thank you.

Yours sincerely,

Mr Mohammad Hafiz

SH/ PE & CCA (Int)