



8 Clementi Avenue 3 Singapore 129903 Tel: 67797449 Fax: 67732898 Email: admin_clementi_ps@moe.edu.sg

CTP/2022/PE/026

20 May 2022

Dear Parents / Guardians

P5 SWIMSAFER PROGRAMME 2022

The school has arranged for the SwimSafer Programme for all P5 pupils to be conducted on Tuesdays from 7.45 am to 10.00 am in Semester Two of 2022. There will be 8 sessions, commencing in Term 3 Week 1. Due to limited pool capacity and to maximize students' engagement time, the SwimSafer Programme will be conducted at three different swimming complexes.

The objectives of the SwimSafer Programme are:

- To teach pupils how to swim and be safe in water
- To teach pupils life-saving skills

A detailed briefing the programme will be conducted for the P5 pupils in Term 2 Week 9-10. The programme schedule is as follows:

| Classes | Dates 8 sessions (Tuesdays) | Venues | Mode of Transport |
|--|---|-----------------------------------|----------------------|
| 5 Confidence 5 Initiative 5 Teamwork | 28 June 2022 5 July 2022 12 July 2022 | Clementi Swimming Complex | Walking |
| 5 Empathy | 19 July 2022 26 July 2022 | Choa Chu Kang Swimming Complex | Bus |
| 5 Perseverance 5 Responsibility | 2 August 2022 23 August 2022 30 August 2022 | Bukit Batok Swimming Complex | Bus |

SWIMSAFER PROGRAMME

The SwimSafer[™] 2.0 programme aims to teach swimming proficiency and water survival skills to children to minimize drowning incidences in a fun manner.

The six-stage programme includes survival and activity skills taught at each stage of the programme, and work progressively towards the next stage.

Stage 1: Introduction to Water Skills Stage 2: Fundamental Water Skills Stage 3: Personal & Stroke Development Skills Bronze: Personal Survival & Stroke Improvement Skills





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The pupils will be grouped according to their swimming ability during the first lesson. Towards the end of the programme, there will be a proficiency test and online theory quiz. Upon passing the proficiency test and the online theory quiz, your child/ ward will be awarded their respective stage completion e-certificates. The course fees is fully sponsored by MOE and Sports Singapore. Training sessions are conducted by licensed Singapore Sports Council swimming coaches.

You child should report to school for morning assembly. Your child/ ward will be brought to the Swimming Complex by their respective group teachers. After each session, they will be brought back to school. The pupils can wear their swim suits under their school PE attire to school on the swimming days. They have to change into slippers before going to the swimming pool. Please note that swimming caps will be provided by the coaches. The pupils will shower at the pool before coming back to school. As our schedule is very tight, your child will only be able to take a quick rinse without the use of shampoo or bath soap.

Items to bring for swimming:

- 1. A small bag to put in the swimming items
- 2. Swimming costume/ trunks
- 3. Goggles
- 4. Towel
- 5. Plastic bag to put in the wet items
- 6. Slippers

Please contact the swimming teacher-in-charge if your child/ ward cannot swim during the CCA days. All pupils are required to go to the swimming complex even if they are not swimming that day. If your child/ ward cannot participate in the swimming programme for any reason, we would appreciate it if you can let us know early.

Should you need further clarifications, please contact the school at 67797449 (Office) or email to the Swimming Teacher-in-charge: Ms Neo Swee Hong (neo_swee_hong@moe.edu.sg)

Thank you.

Yours sincerely, Mr Mohammad Hafiz SH / PAL & CCA HP: 91079710

Cc: Principal