

“Learning-oriented vs. Performance-oriented Parenting”

Parenting Workshop
Tuesday, 21 August 2018
10am – 12noon
Clementi Primary School
Conference Room, Level 2

Synopsis

The frantic pace and competitive educational life in Singapore has left many parents anxious about their children’s academic performances and future as well. Too often, attempts to discipline and motivate them in their academic pursuits have been met with resistance and not much progress in their motivation level. Even worse, our well intentioned attempts have also affected our relationships with them. Maybe parents should reconsider their expectations & approach? World renowned psychologist, Dr Carol Dweck categorised parents as either learning-oriented or performance-oriented. Are you a learning-oriented or performance-oriented parent? In this interactive workshop, there will be insightful discussions, role plays, movie therapy and helpful scenarios that will cover

- Unlocking an innate desire to learn.
- How to be a “learning-oriented” not a “performance-oriented” parent
- Effort vs. Ability-which do we emphasize?
- Intrinsic motivation vs. External rewards/punishment.

Speaker’s Profile



Ms Bong Louis is a Family Life Education Resource Speaker with many years of experience in conducting marriage, parenting and community programmes.

She started her career in the financial industry after graduating with an Accountancy degree from The National University of Singapore. Subsequent opportunities brought her to the social and community service sector where she was based for many years, setting up and running programmes for the underprivileged.

Bong is a dynamic speaker and facilitator and engages her audience through lively group discussions and experiential activities to reinforce learning. She always believes that building healthy self-management and self-esteem in our children go a long way in helping them to be successful in life.

Registration closes on
Wed, 15 Aug 2018.

To register, please scan the code below.

Refreshment will be provided.



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